



EVENT RULES

- All entries must be made in advance.
- If you have entered another person you must have their permission to do so and their agreement to these rules.
- If you wish to subsequently transfer your place in the event to someone else you will obtain their agreement to these conditions before advising us of the new runner's full details in advance of the event day. You will not resell your place for more than you paid for it.
- Participants must be 18 or over
- The Delicious Kernow Trail is restricted to runners only. Participants are not permitted to use bicycles, scooters or any other form of transport!
- The start will be staggered with the slowest runners starting first and the fastest runners starting last. Start times will be worked out on the basis of the 'predicted run time' you give on the entry form. If you wish to run with others and would like the same start time, you will need to enter the same predicted run time.
- You agree to behave in a reasonable manner to the promoters, organisers, participants and other persons associated with the event.
- You agree to accept any decision marshals or medical personnel may make to direct you on a shortcut or withdraw you from the event.
- A team of event officials will sweep the course acting as backmarkers. Any runner who falls behind the official backmarkers may arrive at food / drink stations to find that samples and tasters are no longer being offered. Runners who lag behind may also be stopped and prevented from continuing.
- The event organisers will provide a shuttle vehicle to help transport to the finish participants who are stopped by officials or voluntarily abandon the course. Participants must accept that unless they need urgent medical attention there may be a delay before the shuttle is able to collect them.
- You understand that participating in this event is potentially hazardous and that you should not participate unless you are medically and physically fit to do so.
- You agree to not wilfully drop litter on pain of potential disqualification.
- You agree to carefully read all event information posted online at www.deliciouskernowtrail.co.uk and any which is sent to you by email prior to the event.
- You will not hold the promoters, organisers or other persons associated with the event responsible for any loss or injury incurred as a result of your participation in, or travel to or from, the event.
- In order to promote The Delicious Kernow Trail, the organisation reserves the right to publish or broadcast any photographs and videos of participants taken on the day of the event.
- You accept that no refunds will be offered under any circumstances.